

BIOGRAPHY

Rebekah Bernard, MD is a Family Physician and healthcare advocate who grew up in rural Clewiston, Florida. She earned a BA in Sociology from the University of Florida, then received a National Health Service Corps scholarship to attend the University of Miami School of Medicine. She completed her residency in Family Medicine at Florida Hospital in Orlando.

Following residency, Dr. Bernard fulfilled her service commitment at a Federally Qualified Health Center in Immokalee, Florida. She later practiced in a hospital-affiliated outpatient group before opening Gulf Coast Direct Primary Care in 2016, offering affordable, patient-centered care.

A nationally recognized expert in scope of practice and physician wellness, Dr. Bernard is the author of four books, numerous articles, and hosts two podcasts. She is a frequent speaker on healthcare topics and remains deeply committed to supporting physicians and promoting physician-led care.



For more information: <https://RebekahBernard.com>.

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Practice information: <https://GulfCoastDPC.com>